

YMCA 2009 SUMMER CAMP • TYPICAL DAILY SCHEDULE

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|-------------|--|
| 7:30 AM: | early drop-off: Breakfast cereal & milk available (7:30 AM – 9:00 AM) |
| 8:00 AM: | free-choice individual or group activities |
| 9:00 AM: | Art / Music / Dance or other group activities (times may vary for field trips) |
| 10:30 AM: | AM Snack (brought from home) |
| 10:45 AM: | Class Instruction or Group Activity (see session schedule) |
| 12:00 Noon: | Lunch (brought from home) (refrigerator & microwave are available) |
| 1:00 PM: | SWIMMING / CITY POOL |
| 2:00 PM: | Class Instruction or Group Activity (see session schedule) |
| 3:00 PM: | PM Snack (provided by Y-Kids) |
| 4:00 PM: | recess or group activity |
| 5:00 PM: | free-choice individual or group activities |
| 6:00 PM: | Camp closes |

Schedule may vary for off-site field trips / special activities

- **Students may be dropped-off / picked-up anytime, 7:30 AM – 6:00 PM**
 (Please refer to Field-trip schedule for off-site dates, times & locations)
 Please provide a note for early pick-up or if a different person will pick-up your child.
 Authorized adult signature is required at drop-off & pick-up every day.
- Students are required by state child care regulations to wash their hands on arrival, before eating, after recess, when soiled, after coughing/wiping nose & after using the restroom.
- **Students should bring a nutritious AM snack and a lunch from home.**
 (Y-Kids will offer breakfast cereal and an afternoon snack) Students may bring extra snacks for their own consumption. Snacks should include two food groups. Lunch should include a protein. Students are not allowed to share food or snacks with other students.
- Students should wear appropriate clothing and footwear for outside activities.
- Students who are ill, or pose a health risk to others, should remain home.
 (Inform staff of allergies, diet restrictions, medication / medical conditions or recent injuries)

SPECIAL ACTIVITY / FIELD TRIP SCHEDULE

| ACTIVITY | LOCATION | DATE(S) | START | END | TRAVEL |
|--|--|--|----------------------|----------------------|---|
| Swimming | City Pool | 6/22-9/4* | 1:00 PM | 2:00 PM | walk |
| Marine Science Center Museum Tour | Ft. Worden State Park | 7/15/09 8/12/09 | 9:00 AM 9:00 AM | 12:30 PM 12:30 PM | Jefferson Transit Bus #12 (or walk) |
| | Ft. Worden Bus #12 | Depart: 8:35AM Bus: Walker & Lincoln Sts. Return: 12:40PM Bus: Fort Worden Park Arrive at Mt. View / YMCA Camp: 12:55PM | | | |
| Pt. Wilson Lighthouse Lighthouse Tour & Beach Walk | Ft. Worden State Park | 7/8/09 8/5/09 | 9:00 AM 9:00 AM | 12:30 PM 12:30 PM | Jefferson Transit Bus #12 (or walk) |
| | Ft. Worden Bus #12 | (see Ft. Worden Bus schedule above) | | | |
| Sewage Treatment Plant Tour & North Beach Walk | North Beach | 7/7/09 | 9:15 AM | 11:15 PM | Jefferson Transit Bus #14 (or walk) Return Bus to Park & Ride Lot / walk to camp |
| | N. Beach Bus #14 Return Bus to Park & Ride Lot / walk to camp | Depart: 9:05AM Bus: Blaine & Kearney Sts. Return: 11:15AM Bus: N. Beach to Park & Ride Arrive at Mt. View / YMCA Camp: 12:00 noon | | | |
| P.T.-Keystone Ferry Round-trip Ferry Ride | Port Townsend Ferry Terminal | 7/14/09 8/11/09 | 9:30 AM 9:30 AM | 10:50 AM 10:50 AM | Walk to / from Ferry Round-trip Port Townsend-Keystone Ferry |
| | 9AM walk to Ferry Round-trip PT-Keystone Ferry | Depart: 9:30AM Pt. Townsend-Keystone Ferry Return: 10:15AM Keystone-Pt. Townsend Ferry Arrive in PT: 10:50AM / arrive at camp: 11:30AM | | | |
| Jefferson County Historical Museum | Port Townsend | 7/23/09 8/20/09 | 10:30 AM 10:30 AM | 12:30 PM 12:30 PM | walk |
| | 10AM walk to Museum | Depart Camp: 10AM / Arrive Camp: 1PM | | | |
| Kah Tai Lagoon Park Tour & Picnic | Kah Tai Park | 7/21/09 8/18/09 | 11:00 AM 11:00 AM | 12:30 PM 12:30 PM | walk |
| P.T. Boat Haven Tour & Beach Walk | Port Townsend Boat Haven | 7/9/09 8/6/09 | 9:00 AM 9:00 AM | 10:30 AM 10:30 AM | walk |
| Bike Safety Class (must register for class) | YMCA (Mountain View) | 6/24: K-3 rd | 2:15 PM | 4:45 PM | YMCA CAMP Mt. View School |
| | | 6/25: 4 th -5 th | 2:15 PM | 5:00 PM | |

* Swimming Pool is closed part of summer for maintenance