



JEFFERSON COUNTY FAMILY YMCA
 P.O. BOX 1637, Port Townsend, WA 98368
 Phone / Fax: 360-385-5811

YMCA Junior Tennis Summer Camps 2009

The YMCA is teaming up with local instructors and experienced players to offer a one week summer tennis camp for juniors ages 5 - 18, starting July 20. In addition, high school lessons will be available for ages 13 and up from June 29- July 3. Bring a racket if you have one; loaner rackets will be available if you don't. Bring water and wear appropriate tennis shoes. Hats and sunglasses are also recommended.

Location: Port Townsend High School tennis courts. Rain days will be conducted at the Jefferson County Community Center gym. Refunds will not be issued due to make-up day conflicts.

Instructors: Julie Jablonski, PTR certified teaching professional and USPTA certified recreation coach, enjoys working with players of all ages and abilities. Laurie Olafson, current Chimacum Port Townsend High School girl's coach, will also instruct during tennis camps. Other local coaches and players will assist or court to help provide a low instructor-student ratio. Interested volunteers may contact the YMCA at 385-5811 or email admin@jeffersoncountytennis.com

High School Lessons Grades 9-12

Instructor Julie Jablonski will offer small group lessons for students interested in playing high school team tennis next year. Focus will be on drills and footwork practice to improve form and skills. Maximum class size: 6

10:00 -11:30 am, Monday through Thursday, 6/29-7/2 (with rain make up Friday, July 3) Fee: \$60

"Play To Learn" Quickstart Summer Tennis Camp Ages 5 - 14, beginners

QuickStart Tennis is an exciting new play format for learning tennis utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. Come out and join us for 5 days of tennis camp fun on the courts. We'll hit lots of balls and play tennis games using the QuickStart tennis format. Maximum class size: 24 Instructor ratio 1:4

Ages 5 - 7	9:00 - 10:00 am, Monday through Friday, 7/20-24	Fee: \$49
Ages 8 - 11	10:00 - 11:30 am, Monday through Friday, 7/20-24	Fee: \$49
Ages 12 - 14	11:30 am -1:00 pm, Monday through Friday, 7/20-24	Fee: \$49

Middle School Summer Tennis Camp Grades 6 - 8

Players of all levels are welcome to participate in this one-week session for middle school students. Beginners will learn the basics of the game and participate in friendly match play. Intermediate and advanced level players will improve their strokes and learn advanced shots, as well as work on strategy in both singles and doubles. Camp will include large group activities and skill building games with partners. Maximum camp size: 24 Instructor ratio 1:6

1:00 - 2:30 pm, Monday through Friday, 7/20-7/24 Fee: \$49

High School Challenge Camp

Five days of intense practice working on all strokes, singles and doubles strategy with a fun match day (potentially with Whidbey Island) on Saturday, July 25 at Port Townsend High School tennis courts. Maximum camp size: 24 Instructor ratio 1:6

Beginner/Intermediate	2:45 - 4:15pm, Monday through Friday, 7/20-7/24	Fee: \$49
Advanced	4:30 - 6:00 pm, Monday through Friday, 7/20-7/24	Fee: \$49

Teen Cardio Tennis - Burning Up the Court Teens, all levels

Bring your favorite tunes for Teen Cardio Tennis with our guest cardio tennis instructor. This will be a fun evening activity featuring drills to give guys & girls of ALL abilities an ultimate high energy workout including a warm up, cardio workout and cool down phases all done with great music that YOU provide! Dates: TBD in June. Fee: \$10/class

Please check the YMCA and Jefferson County Community Tennis Association websites during the summer for other playing opportunities. See www.jeffymca.org or www.jeffersoncountycommunitytennis.org

2009 YMCA Summer Tennis Application

Please fill out & detach this application & return with appropriate registration fee to Grant Street, Mountain View, or Blue Heron Schools or send to the YMCA.

Please make check payable to: Jefferson County Family YMCA. No cash please.

Name _____ Grade _____ Age _____

Address _____

Amount enclosed \$ _____

Select Tennis Program(s):

High School Lessons Grades 9-12
10:00 -11:30 am, Monday through Thursday, 6/29-7/2 (with rain make up Friday, July 3) Fee: \$60

"Play To Learn" Quickstart Summer Tennis Camp Ages 5 – 14, beginners
_____ Ages 5 - 7 9:00 - 10:00 am, Monday through Friday, 7/20-24 Fee: \$49
_____ Ages 8 - 11 10:00 - 11:30 am, Monday through Friday, 7/20-24 Fee: \$49
_____ Ages 12 - 14 11:30 am -1:00 pm, Monday through Friday, 7/20-24 Fee: \$49

Middle School Summer Tennis Camp Grades 6 – 8
1:00 - 2:30 pm, Monday through Friday, 7/20-7/24 Fee: \$49

High School Challenge Camp
_____ Beginner/Intermediate 2:45 - 4:15pm, Monday through Friday, 7/20-7/24 Fee: \$49
_____ Advanced 4:30 - 6:00 pm, Monday through Friday, 7/20-7/24 Fee: \$49

Teen Cardio Tennis – Burning Up the Court Teens, all levels
Dates: TBD in June. Fee: \$10/class

Parent / Guardian Name: _____

Phone # _____ Emergency Phone # _____

E-Mail _____

PROGRAM WAIVER: The undersigned has been informed that the Jefferson County Family YMCA does not provide accident, health, medical or disability insurance for the protection of those who participate in recreation programs sponsored by the Jefferson County Family YMCA.

Accordingly, I _____ (Parent or Guardian) give my permission for _____ (Name) to participate in the Jefferson County Family YMCA _____ Program(s). I assume all risks and hazards of the conduct of the program. I shall defend, indemnify and hold the YMCA, its officers, employees and volunteers harmless from any and all claims, injuries, damages, losses or suits including attorney fees, arising out of or in connection with this activity, except for injuries and damages caused by the sole negligence of the YMCA. Furthermore, emergency medical attention may be administered to the participant in case of injury, accident or illness.

Parent/Guardian Signature: _____ Date: _____